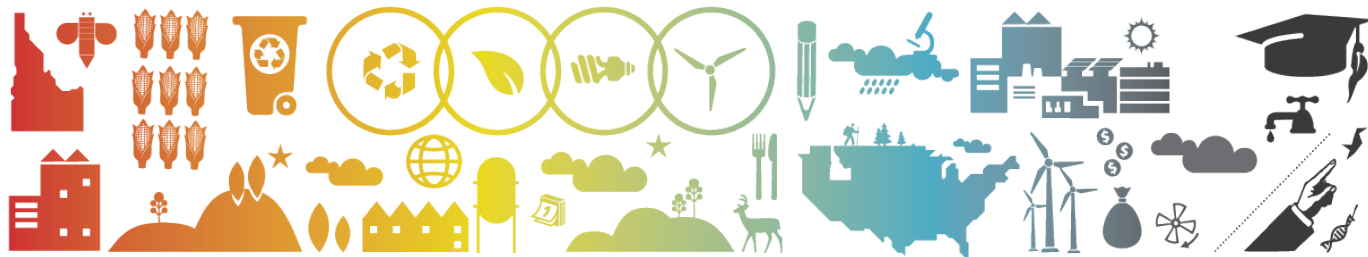




Idaho Career Information System: Fostering Career Awareness and Life Planning

Sara Scudder
CIS Administrator
Idaho Department of Labor

IDAHO
DEPT. OF LABOR



A proactive and participatory resource for engaging in life and career planning. Comparable and related information is linked in meaningful ways, encouraging students to consider a full range of options in setting goals and developing plans for life after high school.

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Who is CIS?

IDAHO
DEPT. OF LABOR



36
years



Who CIS serves

Idaho Career Information System - CIS

Providing comprehensive career information, resources and services to help you make successful education and career decisions.

Idaho CIS Contact Information

Phone: (208) 334-3705

Toll Free: (800) 935-4247

Email: idahocis@labor.idaho.gov



LOGIN - CIS IDAHOWORKS GUEST - CIS

Access your site, administration, staff, parent or visitor account here:

Username:

Password:

Login

» Don't have a login? » Forgot your password?

» Click here to log into CIS if you are on a screen reader

What can CIS do for you?



Students



Parents/Guardians



Adults



Educators

All Idaho
citizens via our
Guest version

Job seekers via
IdahoWorks

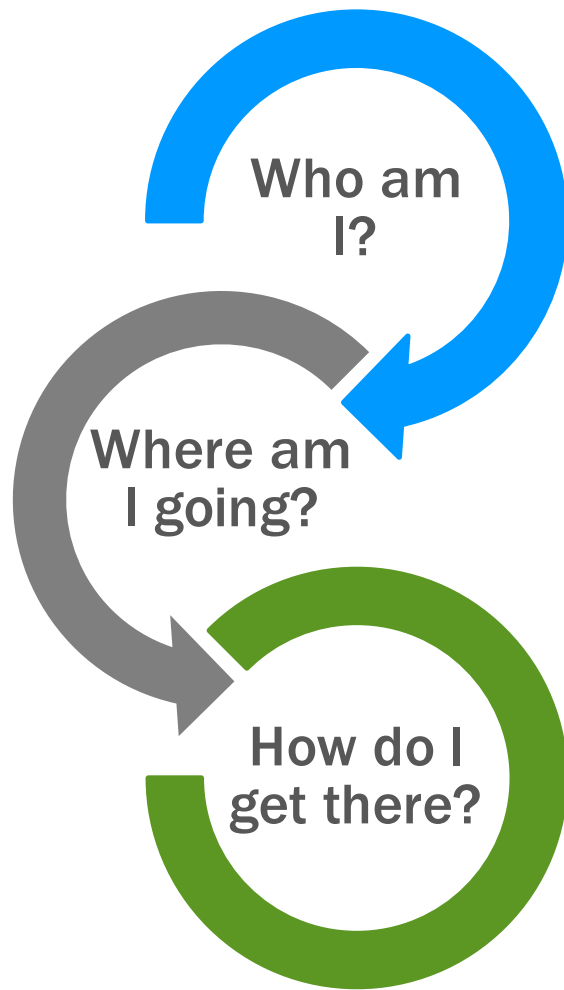
Students
across the
state via their
school login



The Career Development Process within CIS

- ① Self-Assessment – Who am I?
- ② Career Exploration- Where am I going?
- ③ Action Plan – How do I get there?

Career Development



- Ongoing, lifelong process
- Active process
- Introspective process
- Time-consuming process
- Holistic process

Who am I?

- Interest inventory & assessment
- Self-exploration & reflection
- Career management
- Performance appraisal

Where am I going?

- Information & exploration
- School, training & work experience
- Professional development

How do I get there?

- Goal setting
- Planning
- Action



Who am I?

To make good career decisions students need to become aware of their personal style, identify their interest and skill areas and acknowledge their work values. It is the foundation on which all other choices and actions lie.

Interests, Values, Skills

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Where am I going?

Students need to identify possible career options that match their criteria for job satisfaction and look for postsecondary education options that will help them reach their career goals.

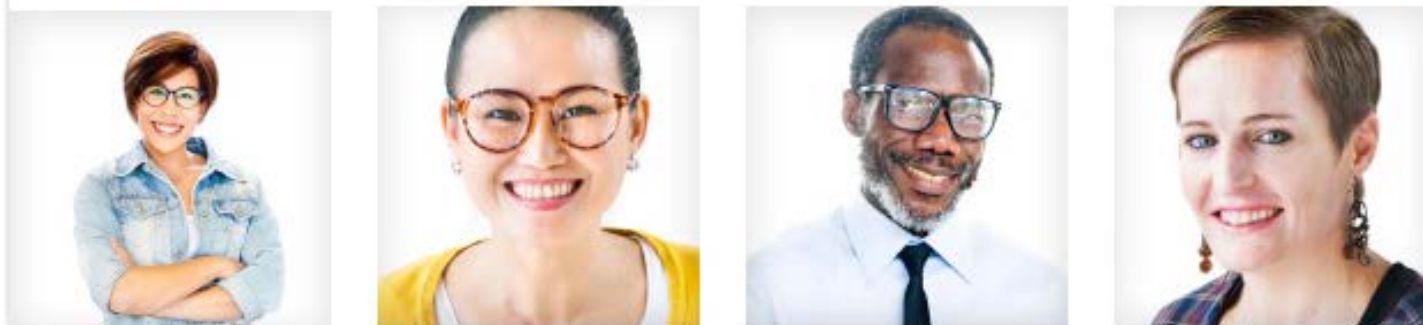
The logo consists of the word "IDAHO" in a large, white, serif font, with "DEPT. OF LABOR" in a smaller, white, sans-serif font below it. The text is centered on a blue background that has a white V-shape at the top.

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Occupations, Majors, Schools



Your Career Starts Here





How do I get there?

Students need to develop a map or plan that will help them reach their career goals.

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Set Goals, Make Plans





My Portfolio

My Portfolio is an electronic career folder that allows students to save items and organize their career research, exploration and plans.

A blue folder icon with a white V-shaped cutout at the top. The text "IDAHO" is written in a large, white, serif font, and "DEPT. OF LABOR" is written in a smaller, white, sans-serif font below it.

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My Portfolio

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Personal Learning Plan

The Personal Learning Plan is the culmination of work students have completed in CIS and saved to their portfolio.

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Personal Learning Plan





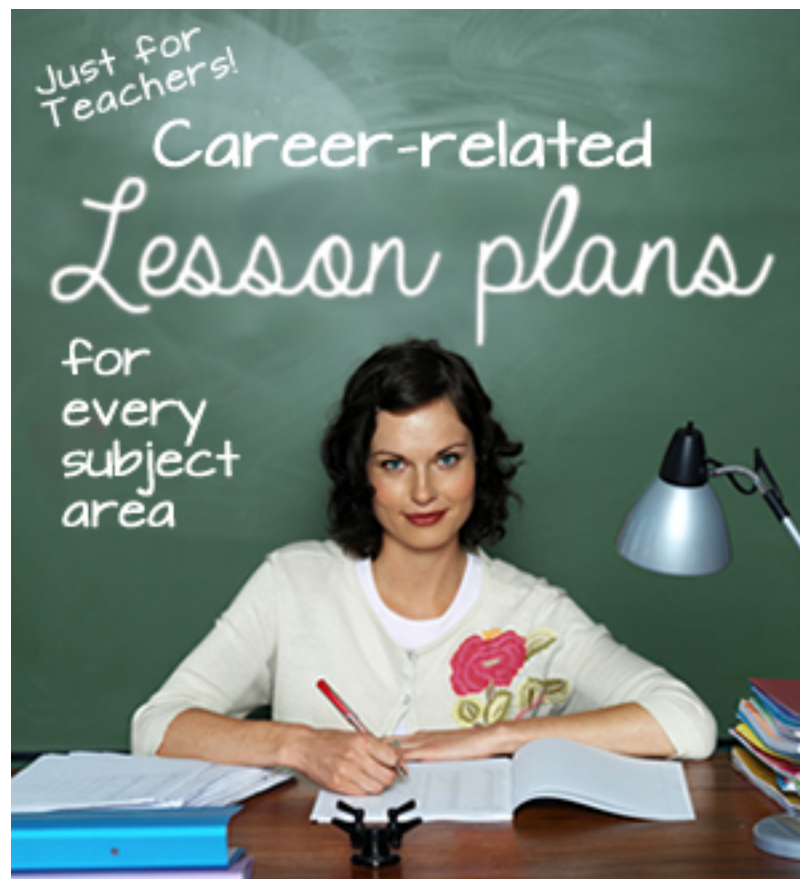
Educator Resources

CIS provides you with tools to help students make connections between education and the world of work.

The logo consists of the word "IDAHO" in a large, white, serif font, with "DEPT. OF LABOR" in a smaller, white, sans-serif font below it. The text is centered within a blue rectangular area that has a white V-shape at the top.

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Educator Resources





Find out more about CIS
idahocis.org

Contact the CIS team

idahocis@labor.idaho.gov

208-334-3705

